Notes

Use the space below to write down any questions you might have or to make notes.

We are listening - how did we do?

We welcome your feedback, as it helps us evaluate the services we provide. If you would like to tell us about your experience:

- · speak to a member of staff
- visit our website www.wihb.scot.nhs.uk/feedback or share your story at: www.careopinion.org.uk or tel. 0800 122 31 35
- Tel. 01851 708069 Monday-Friday between 9am-5.30pm.





Bòrd SSN nan Eilean Siar NHS Western Isles

Temporary registration for GP medical services



For patients visiting North Uist, Benbecula and South Uist

Version: 3 Review Date: July 2026

Produced by: Dr. K. Dawson, NHSWI

Disclaimer

The content of this leaflet is intended to augment, not replace, information provided by your clinician. It is not intended nor implied to be a substitute for professional medical advice. Reading this information does not create or replace a doctor-patient relationship or consultation. If required, please contact your doctor or other health care provider to assist you to interpret any of this information, or in applying the information to your individual needs.

If you are ill while away from home or if you are not registered with a doctor but need to see one, you can receive emergency treatment from a local GP practice for 14 days.

However, after 14 days you will need to register as a temporary or permanent patient.

How long can I be registered as a temporary or permanent patient?

You can be registered as a temporary patient for up to three months.

This will allow you to be on the local practice list and still remain a patient of your permanent GP.

After three months you will have to re-register as a temporary patient or permanently register with that practice.

How do I register?

To register as a temporary patient, contact the local practice you wish to use.

Practices do not have to accept you as a temporary patient although they do have an obligation to offer emergency treatment.

You cannot register as a temporary patient at another practice in the area where you are already registered.

Alternative services

If you need medical advice or treatment but do not need to see a GP, there are some alternatives you can try instead.

- Most local shops supply simple medications and home remedies such as paracetamol, ibuprofen, cetirizine etcetera.
- Phone 111 (NHS24) for non-emergency medical advice and information.
- The Uist and Barra Hospital provides treatment for injuries, such as sprains, broken bones and wound infections. Phone 111 (NHS24) to arrange a suitable time to attend.
- There is no local pharmacy, and the Uist and Barra Hospital can only supply basic treatments for emergencies. If you need a repeat prescription, you should register as a temporary resident with one of the GP practices. More specialist medication may need to be ordered from the mainland, so you may have to wait until medication can be delivered.

There is no local pharmacy, and the Uist and Barra Hospital can only supply basic treatments for emergencies.

If you need a repeat prescription, you should register as a temporary resident with one of the GP practices.

Practices hold small stocks only, and you may have to wait until medication can be delivered from the mainland.

Practice information

North Uist Medical Practice

Lochmaddy Isle of North Uist HS6 5AE

Tel. 01876 500333

Web: http://north-uist-medical.co.uk

Benbecula Medical Practice

Griminish Isle of Benbecula HS7 5QA

Tel. 01870 602215

Web: http://benbeculamedicalpractice.co.uk

South Uist Medical Practice

Daliburgh Isle of South Uist HS8 5SS

Tel. 01878 700302

Web: http://www.southuistmedical.co.uk